

We're Back!

I know it has been out of circulation for a while, but folks keep asking us to do a newsletter again. In this age of social media I figured this format was dead, but I know I enjoy reading newsletters. So, we are once again launching this thing and would like to see it become interactive. If you have any topics near and dear to your heart, please send them to pj@roberts-automotive.com.



ROBERTS
AUTOMOTIVE

SUMMER 2017

717-285-3738



Oil is Oil, Right?



Conventional wisdom says that synthetic oil is the best for your car. Some of you may already know this, but there are different categories of synthetics and mixing them could prove detrimental to the health of your engine. European oil standards are much more stringent than those of domestic or Asian manufacturers. For instance using synthetic oil, which is approved by an Asian manufacturer for its own fleet, in a BMW, VW, Audi, etc. could end very badly. Camshafts are the most at risk part of the engine and synthetics formulated for Asian or domestic cars are not up to the task of handling the high loads the Europeans require.

Oil standards as well as the oil change interval are listed in your owner's manual, and there is no value in changing oil sooner than the manufacturer specifies. Our shop car, which has 283,000 miles on it, gets an oil change every 10,000 miles as suggested by VW. The approval ratings can be found on the oil container. If the ratings on the container don't match the approval ratings in your owner's manual, don't use it. By the way, if XYZ oil has the same approval rating as Mobil 1, that means it has been approved for use in a particular engine. So, if it costs less, by all means, use it. If you are the engineer type and want to know more, please contact Troy at **717-285-3738** or troy@roberts-automotive.com, and he will send you some information that will keep you busy for a couple of days. **PJ**

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Don't Worry. It's Insured.



Think your auto insurance coverage is airtight? Think again. A couple of months ago my wife's car was hit in the rear by a driver making a U-turn in a driveway. It seems the driver decided she was in the wrong driveway, and without looking, whipped the car back out onto the street striking the rear of our car. Well, it turns out that she had no driver license and was driving her mom's car with her permission. Mom was also in the car. Too bad for us. Mom's insurance company denied the claim because the daughter wasn't a listed driver. That means the victim's insurance pays for the repairs less the deductible. The other consideration is that the victim's rates could be negatively affected when shopping for new insurance. Moral of the story—get with your insurance agent and make sure that you have the coverage you need and deductibles you can live with. In my opinion the people who are most at risk of causing crashes are driving around with either no insurance or the state minimums, which are laughably low. [PJ](#)

Travel & Stuff to Do

Looking for some interesting places to go or things to do? Try the **Wolf Sanctuary** in Lititz. We found the tour really interesting and look forward to doing a Full Moon Tour this year. Are you into motorcycles and other offbeat forms of locomotion? Check out **Bill's Old Bike Barn**. Other than cars I think he has every kind of vehicle ever made along with an eclectic display he calls Billville. For history buffs, check out

Travel Season Is Here!

Let us help take your mind off car repairs and keep it on travel planning and logistics.

the **Flight 93 Memorial**. This is a very sobering experience, well done. Want to know how the universe was formed? Try the **National Radio Astronomy Observatory**. I found this place fascinating and if you are stressed out from being connected 24/7, don't worry. Your cell phone won't work within miles of the place. I suggest using a GPS if you need directions, or just reading

JACKIE'S KORNER KITCHEN

Peanutty Pork & Vegetable Noodle Bowls

Servings – 4 (1 ¼ cups each), Carbs per serving 30g
Start to Finish 25 minutes

- | | |
|-------------------------------------|---|
| 4 ounces dried rice fettuccine | 2 tablespoons hot water |
| 1 teaspoon sesame oil or canola oil | ¾ cup unsweetened light coconut milk |
| 2 cups broccoli | 4 teaspoons soy sauce |
| 1 small red onion thinly sliced | ¼ to ½ teaspoon crushed red pepper |
| ¾ cup sliced carrots | 2 cups cooked pork sliced into small bite size pieces |
| ½ cup sliced mushrooms | |
| 2 tablespoons creamy peanut butter | |

1. Cook fettuccine according to package directions; drain and keep warm. Meanwhile, coat a large wok or large nonstick skillet with nonstick cooking spray. Add oil; heat over. . . (con't)

an old fashioned map. If you are coming from the East, you will go through **Seneca Rocks**, a favorite spot for climbers. There is a visitor center there also. Take your binoculars and watch the climbers scale the sheer rock face. While you're there, walk across the street and visit **Yokum's**. This is an experience that will take you back in time.....way back.

If you have a favorite place to visit, send an email to pj@roberts-automotive.com and, if space allows, we will get it into the next newsletter. [PJ](#)

CAR TRIVIA

1. Cats are the only known animal, aside from humans, that prefer to be given things freely rather than having to work for them.
2. Genghis Khan exempted the poor from taxes, encouraged literacy and established free religion, which is why many joined his empire.
3. Squirrels can remember the hiding places of up to 10,000 nuts.
4. When two people in love stare into each others' eyes, their heart rates sync up.
5. Men who kiss their wives in the morning are said to live five years longer than men who don't.
6. Coconuts kill more people than sharks. You're 15 times more likely to be killed by falling coconuts than by a shark.
7. Before trees, the Earth was covered in giant mushrooms.

* From <http://boredombash.com/>

JACKIE'S KORNER KITCHEN (CON'T)

1. . . . high heat. Add broccoli, mushrooms, and red onion. Cook and stir 5 to 7 minutes or until vegetables are crisp-tender, reducing heat to medium if vegetables start to brown too quickly.
2. In a small bowl whisk together peanut butter and the hot water until smooth. Whisk in coconut milk, soy sauce, and crushed red pepper.
3. Cut the pork into thin bite-size strips. Add pork, peanut butter mixture, and drained noodles to the broccoli mixture, stirring to combine. Cook and stir 2 to 3 minutes or until heated through.
4. Divide mixture among four shallow serving bowls. Sprinkle with cilantro and peanuts.



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